# Supporting Independence



Providing specialist support services for people with diverse and complex needs.

# Supporting Independence

Our approach is to enable people to take control of how their service is planned and support is delivered.

We provide person-led packages of support that are tailored to meet an individuals' needs to fit in with their lifestyle and enable them to live as independently as possible.

The focus of all our services is to support and promote the independence of the individual, and involvement in the wider community, to enable and promote, choice, and self-resilience.

Services range from: intensive 2 to 1 support; outreach and crisis support to a pop in visiting service with welfare phone calls as and when required.

#### Approved provider

We are an approved provider of care and support that is registered and inspected by the Care Quality Commission (CQC)

CQC ensures that the service we provide complies with the necessary regulations and standards.

## FLEXICARE



We can support people with the daily running of their home, budget planning, preparing meals, shopping, assistance with personal care needs, medication, help with community participation, apply for housing and support to attend employment.

We support access to social, educational, leisure and sports facilities, to assist in strengthening social networks.

#### We are experienced in supporting:

- Adults & young people with learning disabilities
- Individuals whose behaviour is deemed challenging
- Young people in transition
- People with Mental health issues
- People with complex health & physical disabilities
- Multiple Diagnosis
- Frail and vulnerable adults
- People with dementia

& SUPPORT

# Our Team Members

It is important to us, that the people we support are happy with our service, therefore we ensure that we recruit motivated and committed supporters to join our team.

We employ a skilled, reliable, and flexible workforce that is committed to providing good quality services. Each team member receives specialist bespoke training to meet individual service user needs, such as:

- · Person centred support
- Active support
- Positive behaviour support
- Intensive interaction
- Gastrostomy care
- Catheter care
- Tracheotomy care
- Ileostomy and colostomy care



It is important to us that our services are of the highest quality. We welcome feedback from service users and their families to help us ensure that services are responsive to peoples' needs. There are a number of ways that we monitor quality and customer satisfaction including:

- Service user forums
- · Service user and family satisfaction surveys
- In-house inspection systems
- · Service user led quality checks
- Care Quality Commission Inspections the reports are made available on the CQC website – http://www.cqc.orq.uk/

#### Our partners

Working in partnership with Health professionals, Social Work teams, Telecare (assistive technology), we provide flexible packages that are responsive to the person's changing needs.

### FLEXICARE

# To find out more about the service please contact:

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